



South Shields Velo CC

50 Mile Open TT Course M50/10

Pegswood-Ashington-Broomhill-Acklington-Ulgham-Longhurst (x2)

04/08/2019 08:00

Event Secretary

Danny O'Callaghan
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Time Keepers

Peter McGrath and Sharon Dyson



**The event is being promoted for and on behalf
of Cycling Time Trials under their Rules
and Regulations.**

This is a qualifying event for the Northumberland and Durham Cycling Association BAR competition.

HQ Information

The HQ will be at Longhirst village hall, Longhirst Village, Morpeth, Northumberland, NE61 3LX.

Please Read following info and adhere to this to avoid complaints

The church will be in use that Sunday so their car park will be full. Therefore, I suggest you park along the road from the war memorial towards Cresswell, Linton and the Colliery. It is very narrow for the first 100 yards but then opens out and is much less busy than the main street of Longhirst which is a bus route and I get a lot of complaints when people park in the main street.

In addition to parking please try and keep noise to a minimum and avoid any type of behaviour which attracts unwanted complaint such as warming up, using rollers etc next to folk's homes. Please be considerate that this is a quiet residential village and HQ's in the area are hard to find.

Signing On

Each rider must sign the sign-on sheet before collecting the designated number. Each rider must sign for themselves and nobody else. Once the course has been completed, please hand the numbers back at the HQ and sign yourself out. Any juniors, who have not completed a parental consent form, must do so before signing on.

Riders will be able to sign on from 7.00am.

Refreshments will be available at the HQ after the event, along with a presentation of prizes.

M50/10 Course Details

START to the West of Pegswood on Dark Lane at the speed de-restriction sign at gap in hedge.

Proceed to Whorral Bank Roundabout (R/A) and take first exit onto A197 in direction of Ashington. Continue over R/A to outskirts of Ashington, through the pedestrian crossing (riders see safety notes) and take left onto A1068 (3.6 miles) to continue north over Linton and Ellington R/A's. At Widdrington South R/A (9 miles) bear right in the direction of Amble, then straight on at Widdrington North R/A along A1068 until left turn onto B1330 (10.25 miles) via Red Row, South Broomhill and Broomhill (Be aware of traffic calming priorities). Take left turn onto B6345 (13.3 miles) via Acklington until marshalled left turn (17 miles) onto the un-classified road via Stobswood, Widdrington Station and take double right turn 20.5 miles) onto B1337 to Ulgham. For first lap continue through Ulgham on B1337, via Longhirst (traffic calming priorities) to return to Whorral Bank roundabout and start of next lap (26 miles). On the second lap, turn left at Longhirst Church onto Butchers Lane to FINISH approximately 150 metres at Speed de-restriction sign.

Safety Notes

- Vehicles of competitors/officials/marshals/helpers to be parked safely and without hinderance to other road users and riders.

Riders

- On approach to Ashington there is a pedestrian crossing. This will be marshalled in the hope that it will not be activated during your passing. But if light is Red, you MUST stop as a legal requirement.
- There are 6 occasions on the course where narrow road traffic calming is in place. 2 are priority to riders and 4 have priority to oncoming traffic. Take note of any warning notices and Marshals at these points.
- On occasions where road narrows and/or cars are parked, riders to take extra care.
- No U Turns to be made in the vicinity of the timekeepers.
- No dismounting in the finish area.
- Note to organiser: All the above listed information to be included in the start sheet and rider information.

CTT Principles & Guidelines

For and on behalf of Cycling Time Trials under their Rules & Regulations:

- All riders are responsible for their own safety
- You must obey the rules of the road & obey all traffic signs, signals & direction indicators
- It is your responsibility to ensure that your machine is roadworthy and that you ride safely at all times.
- You must look ahead and not ride with your head down.
- You must not take pace or shelter from any other vehicle or competitor (no drafting).
- No warming up on the course once the event has started.
- No dismounting by riders in finishing area.
- No U turns to be made by riders in the vicinity of the timekeeper at the start.
- Failure to comply with the above may lead to disciplinary action being taken.
- Keep your head up and please have a safe ride.

In the interests of your own safety, we recommend that all competitors wear a hard shell helmet and use a working rear light.

To assist the timekeeper at the finish line can please ensure that your number is correctly placed and visible from the rear in line with CTT regulations. If your number is too high, the time keepers will not be able to see it. The number shall be centrally positioned below the waist so as to be clearly visible from the rear when in his normal riding position.

Any additional safety information will be provided on the day, at the sign on HQ.

Prizes

Overall Male & Female

£30, £20, £10

1st SS Velo Male & Female

£10

Road Bike Male & Female

£10

Male & Female 1st V40, V50 & V60

£10

Juvenile/Junior Male & Female

£10

Maximum of one individual prize per rider.